



What High-Quality ABA Looks Like

A guide for families and the standard we hold ourselves to at Aspire.

Not all ABA is the same. The letters on the door don't tell you much. It's the way the work is done that changes a child's life. Whether you're choosing a provider or comparing your current one, here is what strong, ethical, modern ABA looks like.

1. It's built around your child Goals come from a real assessment of <i>your</i> child and the recommended service model and hours match those goals,	2. Your child's "yes" matters Care is assent-based and relationship-first. A good team builds trust, honors "no," works with your child's dignity,
3. Goals that change real life Communication, safety, independence. These are skills that transfer to home, school, and the community, not just	4. You're a partner, not a bystander Caregivers are coached and involved, and your family's priorities and culture shape the plan from the start.
5. Skilled people, well supervised BCBA-led teams with real oversight and manageable caseloads, and senior clinical support close to the hardest	6. Progress you can see Clear data, reviewed regularly and a team willing to change course when something isn't working.

QUESTIONS WORTH ASKING ANY PROVIDER

- How will you individualize my child's goals and how did you decide on the number of hours?
- What ABA service models can you provide: parent-led, focused, or comprehensive?
- How do you make sure my child is a willing, comfortable participant?
- How will you involve and coach me at home?
- How often will I see progress, and what happens if it stalls?

THE ASPIRE STANDARD

At Aspire Behavior Consulting, this isn't a wish list, it's our baseline. We believe growth happens when compassion meets science, and that safety and dignity belong together. We offer a continuum of service models, from parent-led coaching to comprehensive support in a crisis, so the model fits the need instead of the other way around. We're honest about uncertainty. We stay present, adjust based on what's real, and keep working the challenge alongside your family.

When care gets hard, we stay with you.

Every family is different. This document describes our usual process, not a guarantee of timing or outcome.

Questions, or ready to talk?

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Grounded in current professional standards, including the BACB Ethics Code (2022) and published ABA practice guidelines.