



Referral Partner Quick Guide

A guide Regional Center coordinators, payer partners, and school and district team.

Thank you for thinking of Aspire for a family you support. This guide gives Regional Center coordinators, payer partners, and school and district teams what they need to refer with confidence.

WHO WE SERVE

- Individuals with autism (or under evaluation), from as early as age five through adulthood — our oldest client to date was 65. Age is not a limitation.
- Families funded through **Regional Center** and **Catalight** (Kaiser), our two primary partners. We accept some commercial plans as well. Call and we'll confirm coverage for a specific family.
- Families across Sacramento, Placer, El Dorado, Solano, and Yolo served in the setting that fits them best.

WHAT WE PROVIDE

- **Home:** Individualized ABA where the child lives and learns everyday routines.
- **School:** Support in the classroom and coordination with education teams.
- **Community:** Skills practiced in real-world settings families use.
- **Aspire Care Center:** Focused, structured sessions at our Fair Oaks location.

WHY PARTNERS REFER TO ASPIRE

- **Continuity of care.** Aspire walks beside individuals and families through complex needs at home, at school, in the community, and in our center. When needs change or get harder, we stay.
- **Partner coordination.** We keep coordinators, payers, and school teams informed, and while a family is in intake we are in contact at least weekly.
- **Responsive intake.** A reply within two business days, with clear next steps.
- **Credentialed, family-centered team.** BCBA-led care delivered with warmth and respect for each family's priorities.

HOW TO SEND A REFERRAL

Send a referral to admin@aspire-behavior-consulting.com or call **(916) 436-4383**. Please include what you have on hand:

- Child's name, date of birth, and primary language
- Parent / guardian name and best contact (phone + email)
- Funding source and, if available, authorization or case number (*Regional Center, Catalight/Kaiser, insurance*)
- Diagnosis status, any relevant reports or IEP, and a preferred setting, if you can share them

WHAT HAPPENS AFTER YOU REFER

1. We acknowledge your referral within two business days.
2. Our intake team reaches out to the family, confirms funding, and has a frank conversation about fit. If we are not the right provider, we say so early.
3. We request authorization for an assessment, complete it with the family, and review it with them before it goes to the funder. We let you know when services begin.

*Not sure a family qualifies? Send them our way. **And when they choose Aspire, we stay.***

REFER / ASK US

admin@aspire-behavior-consulting.com •
(916) 436-4383

FAIR OAKS

9821 Fair Oaks Blvd., Suite #A, Fair Oaks CA
95628

AUBURN

359 Nevada Street, Suite #202, Auburn. CA.
95603

Learn more: aspire-behavior-consulting.com